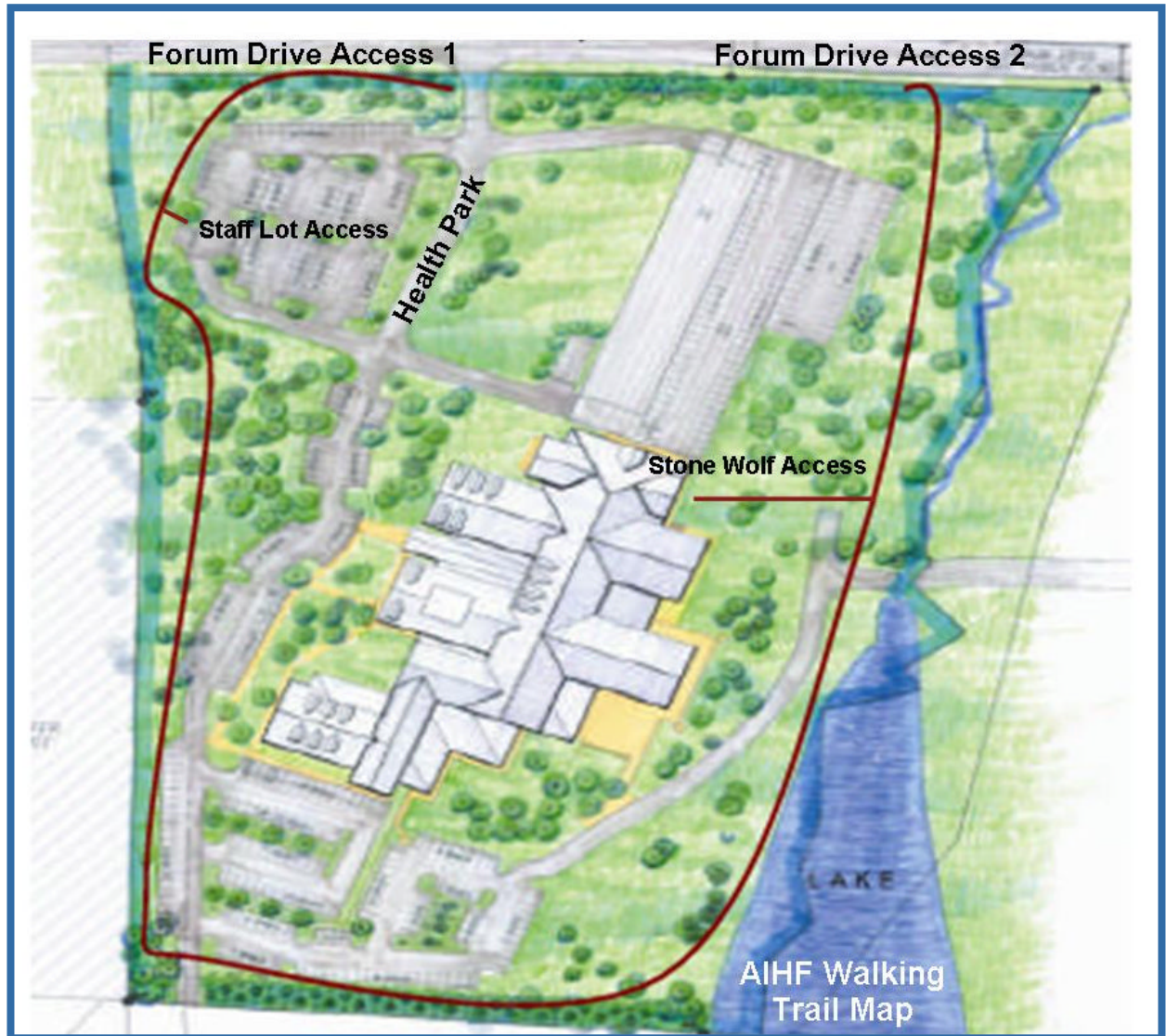




AMERICAN INSTITUTE
OF HEALTHCARE & FITNESS

AIHF WALKING TRAIL MAP



The AIHF Walking Trail is open daily from sunrise to sunset. We hope you enjoy your walk and the natural surroundings of AIHF!

8300 Health Park | Raleigh, NC 27615 | www.aihf.net