

Carolina Family Practice & Sports Medicine, Duke Sports Medicine, Sports & More Physical Therapy, Inc., and Capital City Health Care Providers, Inc., are proud sponsors of the

13th Triangle Sports Medicine Symposium.

The Triangle Sports Medicine Symposium is intended to provide quality continuing education for the sports medicine community at a reasonable price. It is our goal to promote the health and well-being of the physically active by bringing together the knowledge and skills of each sports medicine team member. This year's Lecturers and breakout Instructors include physicians, physical therapists, athletic trainers, psychologists, and EMTs.

Carolina Family Practice & Sports Medicine is recognized by the Board of Certification, Inc. to offer continuing education for Certified Athletic Trainers.



Participants will be awarded **6.0** CEUs for attendance.

Wake County Public School System Educators will be awarded **0.6** CEU for attendance.



Saturday, December 6th:

7:30 am - 8:00 am Registration & Breakfast
8:10 am - 11:45 am Group Lectures
11:45 am - 1:15 pm Lunch, Speaker/Award
1:15 pm - 1:50 pm Vendors
1:50 pm - 3:35 pm Breakout Sessions
3:35 pm - 3:45 pm Conclusion

Location:

American Institute of Healthcare & Fitness
8300 Health Park

Raleigh, North Carolina 27615

www.aihf.net



THIS YEAR'S LECTURE TOPICS INCLUDE:

- ▶ EMS/ATC/MD Communication in Sports Medicine
- ▶ "Clearing the Air" on Concussion Management
- ▶ Medical and Legal Considerations in Sports Medicine
- ▶ MRSA/Skin Conditions
- ▶ Lumbar Spine Injury and Evaluation

BREAKOUT SESSIONS:

- ▶ Strategies to Recognize and Minimize ATC/Profession Burnout
- ▶ Self-Mobilization Techniques for the Training Room or HEP
- ▶ Lumbopelvic Girdle Assessment and Treatment Techniques

REGISTRATION FORM

Name: _____
Credentials (please "X" all that apply): __ ATC __ LAT
____ PT __ LMBT __ CSCS __ Coach
____ Other: _____
Organization: _____
Address: _____
City/State/Zip: _____
Telephone: _____
E-Mail*: _____

* Registration confirmation will be sent via email!
Register early ...space is limited!

Please select from the following options so that we may process your registration accurately.

- Please register me for the symposium. \$40**
 I am a student registering for the symposium. \$25**
**Registration fee includes lunch

Mail registrations to:

Triangle Sports Medicine Symposium
Attn: Aaron West
8300 Health Park, Ste. 107
Raleigh, NC 27615

Please make check payable to:
"Triangle Sports Medicine Symposium"
Sorry, no refunds.

Hotel Accommodations:

Fairfield Inn & Suites -
Raleigh Crabtree Valley
• Limited block of rooms at
discounted rate are available
for \$84/night (king) until
10/31/08. Please contact
them directly to reserve a
room (refer to the Triangle
Sports Medicine Sympo-
sium for the discount):
(800) 228-2800
(919) 881-9800

Registrations are due by **November 30, 2008**

